**The Religion of Humanism: A Self-Created Universe**

Secular Humanists pride themselves in accepting only what can be established scientifically. Yet they begin with the premise that a Supreme Being cannot exist and they cling desperately to that assumption with the greatest of religious fervor despite what the scientific evidence suggests.

According to Al-Ghazali, a twelfth-century Muslim theologian, sound logic demands that whatever begins to exist has a cause, the universe began to exist, therefore, the universe has a cause. The law of cause and effect has been understood and validated for centuries. But what scientific evidence currently available to us indicates that the universe had a beginning?

**The universe is expanding.** Regardless of your opinion regarding the big-bang theory and the age of the universe, the fact that the expansion of the universe has been measured proves it cannot be eternal. In 2003, three leading scientists, Arvind Borde, Alan Guth and Alexander Vilenkin were able to prove that any universe that has, on average, been expanding throughout its history cannot be infinite but must have a past space-time boundary. An expanding universe had a beginning.

**The universe is “running down”.** The second law of thermodynamics states that, unless energy is being fed into a system, that system will become increasingly disorderly. Given enough time, the universe will inevitably stagnate in a state of heat death. If the universe were eternal, that state of disorderly equilibrium would have already happened an eternity ago. The fact that we are in a state of disequilibrium, where energy is still available to be used and the universe has an orderly structure is evidence that we are on a finite timeline that had a beginning.

The scientific evidence we have available suggests that the universe began at some time in the distant past. There has never been a greater “effect” than the sudden appearance of all matter, energy, time and space. A secular humanist is free to believe that the universe came into existence out of complete nothingness and without a cause, but such a belief is a tenet of his faith which has no basis in science. I am unable to muster enough faith to join his religion.

The Cause sufficient to account for the creation of all matter, energy, time and space would have to be a source of indescribable power, will and intellect and would necessarily be outside of and independent of His own creation. Jehovah God as described in the Bible is the best possible fit for the attributes suggested by the evidence. David the Psalmist wrote, “The heavens are telling of the glory of God; and their expanse is declaring the work of His hands” (Psalm 19:1). The more scientists learn, the more evident David’s observation becomes.

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